

BREAK IT DOWN SCHOOL OF ENTERTAINMENT UNIFORM REQUIREMENTS

RAD BALLET CLASSES

Girls Babies Ballet, Pre Primary and Primary-

- Energetiks Ballet Pink Leotard CL04
- Energetiks Ballet Pink Skirt CS01
- Ballet socks
- Ballet shoes with elastic

Boys Babies Ballet, Pre Primary and Primary-

- White bonds shirt (firm fit)
- Black shorts
- White socks
- Black Bloch ballet shoes with elastic

Girls Grade 1,2,-

- Energetiks Ballet Blue leotard
- Energetiks Ballet Blue waist elastic
- Energetiks Character Skirt (no ribbons)
- Ballet socks or ballet pink stockings with no seam
- Bloch ballet shoes with elastic
- Bloch Karacta Shoes Flat

Boys-

- White bonds shirt (firm fit)
- Dark blue bike shorts
- White socks
- Black Bloch ballet shoes with elastic
- Laced Bloch Karacta shoes

Girls Grade 3, 4, 5, -

- Energetiks Navy thick strap leotard
- Matching colour waist band
- Energetiks Character Skirt (no ribbons)
- Ballet pink stockings
- Ballet shoes with elastic
- Bloch Karacta Shoes Cuban heel

Boys-

- White bonds shirt (firm fit)
- Dark blue tights
- White socks
- Black Bloch ballet shoes
- Laced Bloch Karacta shoes

Girls Intermediate Foundation, Intermediate-

- Energetiks Navy shoe string strap Leotard
- Matching colour waist band
- Ballet pink stockings
- Ballet shoes
- Point shoes

Boys Intermediate Foundation, Intermediate-

- White Bonds Shirt (firm fit)
- Black or Navy tights
- White Socks
- Ballet Shoes

Hair-

Hair MUST be in a bun with a hair net and bobby pins with all hair off the face. If the student is coming straight from school just send all their hair supplies in a little bag and the teacher will be able to assist them.

CONTEMPORARY CLASS

Girls-

- Black Energetiks Cross Back Leotard CL13/AL13
- Senior girls have a choice of either the Cross Back Leotard or Energetiks Double Strap Leotard AL16
- Footless tights either black opaque, shimmer, flesh or ballet
- A choice of either; Black bike pants or shorts, long black dance pants, ¾ black leggings
- No shoes
- Kneepads

Boys-

- Black bonds shirt (firm fit)
- Long black dance pants, Energetiks sweat pants
- No shoes
- Kneepads

Hair-

Hair must be in a ponytail with all hair off face with bobby pins, hair spray or black headband. If the students hair is rather long it is required they put their hair in a bun with a net and bobby pins. If the student is coming straight from school just send all their hair supplies in a little bag and the teacher will be able to assist them.

JAZZ CLASSES**Girls-**

- Black Energetiks Cross Back Leotard CL13/AL13.
- Senior girls have a choice of either the Cross Back Leotard or Energetiks Double Strap Leotard AL16
- A choice of either; Black cross front bike pants or roll top shorts (if you are wearing shorts or bike pants it is a requirement to wear your Jazz shimmer tights or black opec stockings), long black dance pants (firm fit), ¾ black leggings
- Black Bloch Ultra Flex Jazz shoe S0403
- Kneepads (Optional)

Boys-

- Black bonds shirt (firm fit)
- Black shorts, Black Dance pants
- Black Jazz shoe S0403
- Kneepads (Optional)

Hair-

Hair must be in a ponytail with all hair off face with bobby pins, hair spray or black headband. If the students hair is rather long it is required they put their hair in a bun with a net and bobby pins. If the student is coming straight from school just send all their hair supplies in a little bag and the teacher will be able to assist them.

TAP CLASSES**Girls-**

- A choice of; Black Energetiks Cross Back leotard CL13/AL13, Red Black or white bonds shirt, white Energetiks Ribbed Singlet top, Red black or white singlet top
- A choice of; Black cross front bike pants or roll top shorts (if you are an older student it is recommended that you wear either flesh/shimmer/or black opaque stockings), long black dance pants, ¾ black leggings, Energetiks sweat pants, Energetiks Track Pants
- Black Bloch Tap shoes

Boys-

- Black, Red or white bonds shirt (firm fit)
- Option of Energetiks Black shorts, Energetiks long black dance pants, Energetiks sweat pants, Energetiks Track Pants
- Black Bloch Tap shoes

Hair-

Hair must be in a ponytail with all hair off face with bobby pins, hair spray or black headband. If the students hair is rather long it is required they put their hair in a bun with a net and bobby pins. If the student is coming straight from school just send all their hair supplies in a little bag and the teacher will be able to assist them.

HIP HOP CLASSES**Girls and Boys-**

- Loose fitted clothing
- Choices of; Red black or white bonds shirt, white Energetiks Ribbed Singlet top
- Choices of Energetiks sweat pants, Energetiks Track Pants, Energetiks Relaxed Pants in either Black, Red or White or any other Black, Red or White Baggy Pants.
- Black, red or white hat (Optional)
- Black, red or white sweat band (Optional)
- Kneepads
- Sneakers

Hair-

Hair must be in a ponytail with all hair off face with bobby pins, hair spray or black headband.

ACROBATICS CLASSES**Girls-**

- Black Energetiks Cross Back Leotard CL13/AL13
- Senior girls have a choice of either the Cross Back Leotard or Energetiks Double Strap Leotard AL16
- Cross Front Bike Pants mid thigh length
- No shoes or stockings

Boys-

- Black, Red or White Bonds shirt firm fit
- Black shorts
- No shoes

Hair

Hair MUST be in a very high bun with no hair on the students face. If the student is coming straight from school just send all their hair supplies in a little bag and the teacher will be able to assist them.

JUST A FEW NOTES

Pre Primary, Primary, Jazz 1, Jazz 2

If you are doing both of the Ballet and Jazz one after the other, it is not required for your child to change leotard after the first class. The students can have either the Ballet uniform or the Jazz uniform. If they are wearing the Ballet uniform they will just have to remove their skirt for Jazz and have the option to put some shorts on. They do however need to have both Ballet and Jazz shoes and the teacher will assist with changing the shoes.

AFTER YOU DROP OFF YOUR CHILD

This year as most of you are aware we will be using both the back room and the main hall so this means no parents are allowed to stay inside during the classes. As you can appreciate the students are less distracted therefore are able to concentrate, and learn more. This is a requirement that I am going to be very strict on. We do however have open classes for the last week of each term that you can view so you can see the students progress.

DANCERS DIARY

I would like everyone to purchase some type of book they wish to have as their dance diary. We will be putting exercises in it. You can write your own choreography in it. It will be up to you to write down the things you have learnt that week so you can practice. You can write down any questions and have your teacher answer them for you. It is a great way to keep record of your progress throughout the year.

JAZZ, BALLET, TAP DANCE CLASSES

Students, you will be given a copy of your syllabus and music there will be a \$15 charge for this at the beginning of the year. It is a requirement that you have and you will be expected to bring your syllabus book to class each week to take notes and learn how to read it. These will be your learning tools.

HELPFUL HINTS

Hair supplies bag –

- Brush
- Bun pins and bobby pins
- Hair net/Slumber net
- Small bottle of hairspray
- Hair bands
- Black Head band

All these things can be purchased at a chemist/grocery store

NB it is very important to follow the hair guidelines just as swimmers need to have their swimming cap, as dancers we need to have our hair pulled back and in specific ways depending on the style of dance being learnt. This is for many reasons one being the distraction of hair in the students face. For Acrobatics it is very important to abide by the hair requirements as the students will be leaning difficult moves that the trainer will need to be assisting and not only can the student not have hair in their face the trainer doesn't want hair all caught up in her hands. Ballet is all about precision and discipline if the hair is flicking the student in the face it is very hard to concentrate it is also a requirement of a ballet dancer to have her hair in a bun in class no matter how old you are this is how it must be. If you are wearing plats they must be pinned to the head not loose

It is recommended and very helpful if you have a bag specially assigned for dance. Here are a few things that you may wish to put in your dance bag

- Dance clothes
- Dance shoes
- Knee Pads
- Water bottle
- Hand towel
- Band aides
- Hair kit
- Thero band (for stretching and strength)
- Dancers Diary and Pen
- Snacks

HOW TO PURCHASE DANCEWEAR

Your local dance retail outlet however there will be certain times though the year Sammy's Room The Dance Shop will be heading over to our school giving the students the opportunity to try on and be fitted for shoes, leotards, pants etc. They offer our uniform requirements at a discounted price. These times are:

- OPEN DAY – Sunday 24th January 2010 between 2pm - 4pm
- Saturday February 6th & 13th 2010 between 2.30pm – 3.30pm
- By appointment

However if you cannot make these days or you need new garments throughout the year you can contact Cheryl via mobile 0432 171 924 or email breakitdown@iprimus.com.au to make an appointment.

With the dance pants, shorts and hip hop pants, you have an option to use what ones you already have at home as long as they suit the colour requirements.